



PUBLISHED SINCE 1948 FOR THE TOWN OF GLEN ECHO, MARYLAND ~ CHARTERED IN 1904 ~ APRIL 2019

TOWN COUNCIL NOTES

Mayor Polak, all four Council Members, Manager Ms. Ventura, and five residents attended the March 11 Town Council meeting. The agenda suggested the meeting would adjourn at 9:15, and, in fact, it didn't go too much later than that.

Town Financials

The budget hearing has been scheduled for April 1 at 7 PM in the Town Hall. Suggestions regarding budgeting for next year should ideally be made before that date. Ms. Ventura reported that the Town has received about \$13,000 less than expected from the state in income taxes. She is following up with the County. (Reminder as you file your taxes, be sure to indicate your town name when asked, so that Glen Echo gets its portion.) Council Member Stiglitz asked why overall we are so under budget at this point in the year. Ms. Ventura explained that some contracts have been renegotiated at lower prices and that some

funds, like for street repairs, were never used.

The Town's highest expenses of late have been snow removal and trash services. When it was reported that the cost of the trash services may be about to go up a bit and that a new contract will soon be signed, it sparked a discussion about whether the Town actually needs twice-a-week trash pick-up. No one present at the meeting felt that they personally needed more than once-a-week trash removal (still maintaining the separate once-a-week recycling and yard waste pick-up). But a big change like this would require Town notice and resident feedback. Ms. Ventura said that

she would ask our new service provider, Goode Companies, about the rate for once-a-week trash pick-up.

**CALL TO ACTION:
TRASH PICK-UP**
Would once-a-week trash pick-up be enough for your household? Please email Council Members or townhall@glenecho.org with your thoughts.

The new on-call engineer Joe Toomey has submitted his first bill to the tune of \$900. It is expected this will go down in future months as the construction of Vassar Circle gets underway. Hours were racked up with preliminary meetings, assessments of the plans, and discussions with the Mayor. Site manager Wayne Fowler has yet to submit a bill, but the Mayor and Ms. Ventura have already asked him to cut back on site visits at this point.

Council Member Costello asked if people were happy

with the road brining and salting this year. The Mayor said he and Ms. Ventura would report on this after the season is officially over and they assess. The Town was happy with the leaf pick-up services performed by Hughes Landscaping, so a three-year contract has been signed.

Building Permits

A permit was issued to Pepco to move two telephone poles within Vassar Circle. The controversial addition on the back of 7315 University Avenue has been walked back to once again being a back porch. The work has been inspected and approved by Mr. Fowler. The new owners of 30 Wellesley Circle were given a permit for a new fence on the rear and side of the yard.

The Yale Sledding Hill

After consulting with the Town lawyer and the Local

THE ECHO

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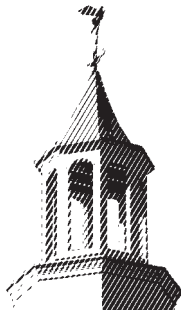
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Next Deadline: April 20, 2019

Letters to the editor are welcome. They must be signed. Articles for publication are also solicited. Please send comments about *The Echo* to the editor, the Mayor, or any Council Member. Volunteer reporters are always needed.



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Next Town Council Meeting: April 8, 2019, 8 PM



Government Insurance Trust, the Mayor had a proposal to keep the Yale sledding hill operational. He said that the Town could form a committee that would be in charge of coning and roping off the hill when the snows come, as well as any shoveling needed for the folks on lower Yale. The lawyer's main concern is not that people could injure themselves on the hill (though a Sled at Your Own Risk sign was proposed), but that an uninformed driver could turn onto the street and into a pack of sledding kids on an unplowed road. Council Member Long felt that even discussing the issue was making the Town complicit and liable. The Mayor said we'd never be free from exposure, but must try to limit it as much as we can in order to keep the beloved tradition going. With only Ms. Long disagreeing, all the Council Members decided to try to recruit for a Sledding Committee.

Odd and Ends

An official Founders' Day celebration will be on April 14 from 2 to 5, rain or

CALL TO ACTION: SLEDDING HILL

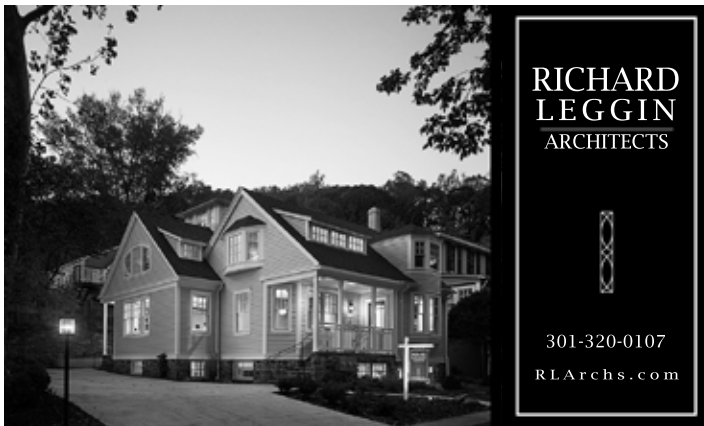
Would you like to keep the Yale sledding hill going for future Glen Echo children? Would you be willing to join the Sledding (Snow Day?) Committee to help make it possible? Email townhall@glenecho.org if you want to be involved.

shine, at or around the Town Hall. Harvard Avenue will be blocked to cars. This is the first recent celebration of Glen Echo's founding (115 years ago) brought to us by the Livable Town Committee. The members thought that the Town has social events most seasons, but not spring. They hope residents will come out and help make the day—full of games like cornhole and capture the flag, a giant sheet cake, and all your friends and neighbors—a big success.

Finally, a call to people in Town, especially former Council Members: Do you have any Town historical documents (or boxes of them!) hiding out in your attic or garage? Now is the time to bring them to Town Hall, so that our hired archivist can go through them.

Town Expenses

In February, the Town paid \$10,657 to Rolling Acres Landscaping (snow removal), \$6,267 to Goode Companies (two months of trash pick-up), and \$4,679 to Bolt Legal. —EMILY PARSONS



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Holy Week Services are posted on our Facebook Page and on the Parish Calendar on our website.

Upcoming Concert Events
St. John's Passion by Bach
Good Friday, April 19th @ 7:30 pm
Bradley Hill Presbyterian Church

Inscape Orchestra, April 27th, 7:30pm
Get tickets at musicatredeemer.org

Sunday Services
Holy Eucharist at 8:00 and 10:30 am

Wednesday Services
Morning Prayer at 9:00 am; Holy Eucharist at Noon
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HOLLY IN THE IVY

Vines fulfill specific needs and provide surprising beauty by growing vertically. They will grow up on fences, trellises, or tree trunks, along walls or other structures, or even spill over slopes. They bring unexpected beauty in unexpected places with their colorful flowers, fruit, and foliage. Many are beloved by birds and other pollinators. Here are some of my favorite vines that will come back year after year.

If you want to stick with native plants, I highly recommend two beautiful vines in particular. I especially love the coral honeysuckle vine (*Lonicera sempervirens*), which has several assets. It is not invasive, blooms all summer, and it will beckon hummingbirds to its sweet nectar, as well as goldfinch and robins, which will feast on its fruit. The reddish-orange colored tubular flowers have a mild, sweet fragrance, and these plants are continuous bloomers. This honeysuckle will need to grow on a fence or a trellis as it can reach 10 to 15 feet. Locate your coral honeysuckle vine in a strategic location where you can enjoy watching the hummingbirds that visit. You must find a location with full sun and add some compost when planting it. It will bloom on both old and

new wood, so you will need to prune it back for shaping in late fall. My favorite cultivar is ‘Major Wheeler’ because it flowers profusely from spring through fall. Two other honeysuckles I recommend are ‘John Clayton’ which has gold-colored flowers and ‘Blanche Sandman’ which has pink flowers.

Carolina jessamine



Carolina jessamine (*Gelsemium sempervirens*) is incredibly beautiful with its sweetly scented canary-yellow trumpet flowers in early spring. The plant is actually lovely year-round because of the glossy narrow dark green leaves—it is generally evergreen depending on the winter. The plant will often reach 20 feet unless it is cut back. Plant in a location with full sun and a good rich, moist soil. Deer do not eat it, and the hummingbirds, butterflies, and other pollinators will be frequent visitors. Please note that the plant is poisonous if ingested by humans. Carolina jessamine is the state flower of South Carolina. The cultivar known as ‘Margarita’ has larger flowers and tends to be a bit hardier.

For a shade-loving vine, try Moonlight hydrangea vine (*Schizophragma hydrangeoides* 'Moonlight'), which comes from Japan. It is a plant for the patient gardener as it will take 2 to 3 years to begin vigorous growth and 5 to 7 years to produce flowers. Eventually it will grow into a thick woody root climber, and if planted in a tall space, will grow 10 to 15 feet tall. The white lace cap hydrangea-like flowers are graceful and elegant against a back drop of silvery green leaves with deep green veining. The leaves are graceful and elegant. If you have seen a Moonlight hydrangea vine at its peak, it is absolutely breathtaking.

Moonlight hydrangea



Clematis is an enormous group of lovely climbing, herbaceous plants that is so large and complex that it deserves a great deal of written space and explanation. Since now is the time to order and plant them, I recommend one of my favorites and suggest you visit the following nursery web site for ordering and learning

about types of clematis and their requirements: www.brushwoodnursery.com

Clematis 'Niobe'



Brushwood Nursery, located in Kennett Square, Pennsylvania, is a nursery that specializes in clematis, and I have been pleased with their plant quality and selections. Among my favorites is Clematis 'Niobe,' with its large, velvety, garnet red flowers, that grows up to 5 to 6 feet across. It will appear in late spring and summer. The abundant flowers have lovely yellow centers in the middle of its star-shaped flowers. Plants will bloom on old wood from the previous season and look best grown along a fence, up a trellis, or through and around other plants. Hummingbirds love the flowers of this vigorous clematis.

There is another grouping of excellent vines that are annuals, therefore, only lasting one season. I will cover these vines in a future issue. Vines will bring welcome surprises to your garden whether growing on a fence, wall, or trellis. If you walk around Glen Echo, take notice of some of the vines that are growing happily and healthfully on trellises and walls. —HOLLY SHIMIZU



IN YOUR BACKYARD

The three most asked questions we hear are:

1. How can I stop woodpeckers from pecking on my house? First, check whether the woodpeckers are actually making nest holes or if they're looking for bugs, which is the bigger problem. Have someone inspect the site where the pecking takes place. If it's bugs, you may need a professional to spray or plug the hole. If the birds are trying to nest, covering their efforts with screen or siding or shingles may deter them, or placing a nest box nearby may be more attractive than your house. Note: A recent theory has it that woodpeckers may be "hearing/sensing" electrical fields or sounds from the house system, similar to those projected by insects. No known proof of this idea exists but it's intriguing nonetheless.

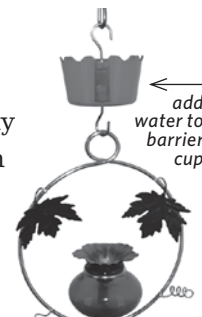


Sharp-shinned hawk

2. How do I keep hawks from attacking my songbirds? As part of the natural world, hawks must eat too and small birds are a normal part of their diet. It can be hard to witness a hawk attack, but it also is a thrilling exhibition by one of Mother

Nature's most adept creatures. You can't keep them away, but if your hawk is persistent, you can stop filling your feeders for a while so songbirds will forage elsewhere. Another strategy is to place your feeders near bushes (8 feet or so to deter squirrels too) where they can quickly take cover. When the hawks can't find a meal in your yard, they will leave to find their prey elsewhere. Note: The most common "feeder hawks" are the Sharp-shinned and Cooper's Hawk.

3. Is there a way to keep ants from my oriole and hummingbird nectar feeders? The best way is to put a physical barrier between the ants and your feeder (photo at right). Add water to stop the ants from getting to the feeder itself. —THE WILD BIRD CENTERS





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My husband and I moved to Glen Echo in January of 1978. Nancy Long had already been here for approximately 50 years at that time. Although I met her early on, I didn't really get to know her until I first ran for and was elected to the Glen Echo Town Council in 1981. I quickly learned that Nancy was something of a local heroine in the conservation community. She had almost single-handedly led the effort to save the Carousel in the Park and to keep it in Glen Echo. She was also instrumental in an earlier effort to prevent high-rise apartment buildings from being built on the land that is now Glen Echo Park. Instead, in 1971, the National Park Service acquired the land in a swap with the Park's private owners. As a result, it became the artist colony that we see today. Since approximately 1980, Nancy has organized and curated the Labor Day Art show that has become an annual feature of the Washington, DC, community's cultural landscape.

Nancy's conservation interests also extend to the preservation of the historic C&O Canal, which was slated during the 1950s to be paved as an extension of the Whitehurst Freeway. The following is excerpted from the October 17, 2000, issue of the Congressional Record

THE LONG ERA

AN APPRECIATION OF NANCY LONG'S HALF CENTURY ON TOWN COUNCIL.

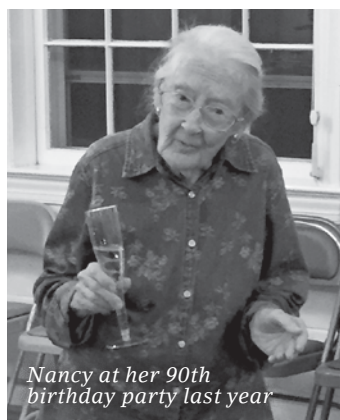
that was placed there by Rep. Constance Morella in honor of Nancy's 72nd birthday: "In 1975, Ms. Long was selected by then Congressman Gilbert Gude as one of 25 individuals to travel the entire length of the C&O

former (and first) chairman of the C&O Canal National Historic Park Advisory Commission to which she was appointed by the Secretary of the Interior. Nancy began the practice of holding Commission meetings at



Canal to call attention to the Canal's importance and need for the preservation and conservation of its resources. ... Nancy Long has walked the 184 mile length of the Canal four times, the latest trek occurring in the spring of 2000."

In addition to being the longest serving member of the Glen Echo Town Council, Nancy has served on the Boards of the Potomac Valley League, the Montgomery County Committee of the Maryland Historical Trust, the Potomac River Basin Consortium and she is a



Nancy at her 90th birthday party last year

different locations along the Canal in order to familiarize members with the entire Canal and to encourage local participation in the resolution of issues relating to the Canal.

As a Member of the Glen

Echo Town Council (to which she was first elected in 1969), Nancy has served as the Town's liaison to Glen Echo Park and the National Park Service. She also undertook the responsibility of overseeing the use of the Town Hall, establishing rules for Town residents and nonresidents alike. Nancy has a strong belief that the Town Hall should always be available first for the use of residents, many of whom did not have houses large enough to host even small social events. While this has changed over the years as houses have been enlarged and renovated, the Town Hall continues to be an amenity that can be used by Town residents for a minimal fee.

On a personal note, Nancy has served as a guide and a mentor to me since I joined the Town Council in 1981. When, as Mayor, it was necessary to meet with members of the County Council, Congressional delegation, or other governmental agencies, I always wanted Nancy by my side. She knew everyone and had a firm grasp of the history behind every issue. I will miss her when she steps down, but I know that her retirement from the Council will not signal her retirement from the public life of the Town or the larger Glen Echo community. I hope that Nancy's voice will continue to be heard. —DEBBIE BEERS



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OUT AND ABOUT

While we're still being washed out with wet weather, coop yourself up with some great films at the **Bethesda Film Fest** April 5 and 6. Five short documentaries from local filmmakers will be screened at Imagination Stage, followed by live Q&A.

Keep your appetite for creative arts going at the **National Fine Art Festival** April 6 and 7. Renowned artists will have work displayed outdoors along The Shops at Wisconsin Place in Chevy Chase.

This year, the epic **Cherry Blossom Festival Parade** will roll its plentiful pink floats down Constitution Ave. NW, April 13, from 10 AM to

noon. Get there early to snag a spot near the front lines.

For you theater buffs, discover a future Andrew Lloyd Weber at the Kennedy Center's **American College Theater Festival** April 15 to 20. The best from young and aspiring choreographers and storytellers will be presenting their plays after winning regional competitions.

In celebration of Earth Month, not just day, join fellow nature lovers to discover the beauty of **Cabin John Regional Park by night**. A campfire and nature walk



among hundreds of other comic and gaming idols.

For a less out of this world experience, stroll down Wisconsin Avenue April 26 to 28 for the annual **Georgetown French Market**. The street will be full of food, antiques, and all sorts of local vendors. Ooh la la!

On April 27, **Feel the Beat** at a one-of-a-kind music festival focused on inclusion of the deaf community. This unique experience will feature the works of two prominent deaf DJs and bring music lovers of all hearing abilities together at Union Market from 5 to 11 PM. —MONA KISHORE

will embark at 6:30 PM starting from Locus Grove Nature Center on April 19. Registration is now open on ActiveMontgomery.

Unable to make it out west to ComicCon? No sweat. It's coming to you, with this year's **Awesome Con** April 26 at the DC Convention Center. Special speaker Weird Al Yankovic is slated

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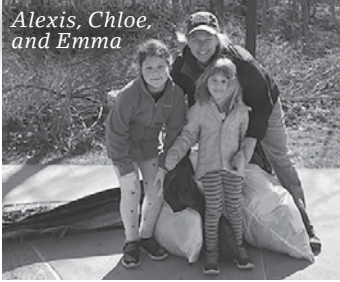


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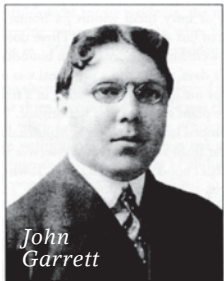


There have been rumors of a Town-organized Minnehaha Creek clean-up day, but why wait for something official, says one group of enviro-minded residents. **Alexis Feringa** helmed a team including **Elka Deutsch, George Hambrecht, Mona Kishore,** and **Vanessa Sax** and her two daughters **Chloe**, 8, and **Emma**, 4, that spent an hour cleaning up trash from the Park and creek one March morning. They collected four full bags of trash as well as what

HAVE YOU HEARD?

appears to be some sort of traffic barrier.

In the last issue, we ran a photo of the Baltzley brothers, early developers of this area, with a piece about the upcoming **Founder's Day party**. Here's a correction: Founder **John Garrett** was a 22-year old Glen Echo resident and lawyer in 1904 when he filed an successful application with the state of Maryland to incorporate Glen Echo. The Town's charter was adopted



John Garrett

on April 4, 1904. Garrett was also elected the new Town's first mayor. Come and toast his vision on April 14 from 2 to 5 PM



at Town Hall. There will be a cornhole tournament, Glen Echo Jeopardy, capture the flag, sidewalk chalk art, a Connect 4 tournament, as well as cake and lemonade. BYOB and bring a dessert to share if you'd like.

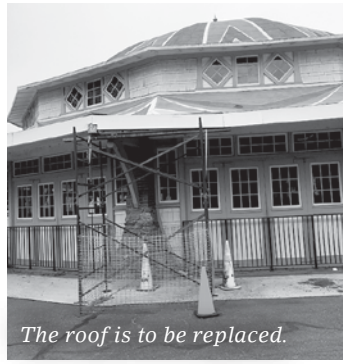
Resident **Gloria Levin** has been representing the Town at the Conduit Road Fire Board monthly meetings for the past two years. In March, she was elected secretary.

The Glen Echo **Plant Exchange** will take place on Saturday, May 4, from 9:30 AM to 4 PM at the site of the Mini Farm Stand table on University between Harvard and Yale Avenues. Many neighbors were wonderfully pleased with last year's exchanges, filling yards with Mexican sunflowers, zinnias, and elephant ears. This year we're adding a seed exchange. You can bring as many plants/seeds as you like, and take

OUR TOWN PARK

The Park's beautiful older buildings are due for a series of updates. Roofs seem to be the theme! Last year the roof was replaced on the Spanish Ballroom, although you may not have noticed it. This past month the former First Aid Building received a new tile roof. And this summer our historic Dentzel Carousel will also get a new roof, followed by an upgraded fire suppression system and repairs to the Band Organ Room. These

projects are funded by a combination of grants from the National Park Service, State of Maryland, and Montgomery County. The Carousel will be undergoing these needed repairs for several months starting in July. **(The**



The roof is to be replaced.

Carousel will be closed from July 2019 through the following spring.)

So please come out to the Park on Saturday, April 27, for **Carousel Day**, when the carousel opens for the 2019 season. This festival is one of our largest family events! The Glen Echo Park Partnership will present a day of FREE activities throughout the Park (11 AM to 4 PM), including live music and other performances, face painting, and, of course, carousel rides!

On May 18, the Partner-

ship will host its annual **Gala in the Park**. This year's theme is "Inspiring New Memories." The Gala is a fundraiser bringing in needed operating support and special funding for scholarships for students. This year's honoree is U.S. Senator Chris Van Hollen who has been a major advocate for the Park over many years, particularly recently helping to develop a new agreement between the National Park Service and Montgomery County.

—MARTHA SHANNON

whatever you wish: this is an un-curated free exchange. If possible, mark your plants with their names and sun/partial-sun/shade preferences. **Holly Shimizu** and **Susan Grigsby** can help with identification. On Friday, May 3, we will put out the table (after the trash pickup!) with extra pots/containers and markers if you need them. If you don't have any plants to ex-

change, you're still welcome to come after 1 PM and take whatever is still available. This is a great way to add interest to our Glen Echo yards and gardens!

Real Estate Report
30 Wellesley Circle closed at \$995,000, and the new residents have moved in. The Vassar Circle listings and the Wild Bird Center building remain active.

ELECTION NOTICE

This is the **last call for candidates** for Town Council. The deadline for submitting your intent to run to **Jan M. Shaut**, Supervisor, Board of Elections, 6004 Harvard Avenue, Glen Echo, MD 20812, is April 16. Candidates must be registered Glen Echo voters who have resided in the Town at least one year prior to the election and be at least 25 years of age. They are not required to be U.S. citizens. There are two open seats, both for four-year terms. Absentee ballots will be provided to those requesting them, in writing, prior to the election, likewise through the Supervisor of the Board of Elections. The age to vote is 18.

The Echo would like to offer space in the May issue for statements from any candidates. The deadline for those statements to be delivered to TheEchoEditor@gmail.com (or in writing to 6001 Bryn Mawr Avenue) is April 20. Candidates can write up to 300 words and should include a headshot. If you are planning on running, please let *The Echo* know as soon as possible!

Finally, and most importantly, the election will be held on Monday, May 6, from 5 to 9 PM, at Town Hall. See you there! —EMILY PARSONS



They Say it's Your BIRTHDAY!

April 5, **Diana Chused**, 4
April 12, **Durke Anderson**, 9
April 19, **Adeline Bohi**, 12
April 20, **Colby Epanchin**, 8
April 27, **Max White**, 8

GOINGS ON

Glen Echo Town Hall Events

April 1 7 PM, Town budget hearing, open to residents

April 3, 10, 17, 24 8–10:30 PM, FSGW English Country Dance, Wednesdays, free to Town residents

April 14 2–5 PM, Founder's Game Day, all residents welcome



Local Events

March 30 11 AM–1 PM, free shred day at Bannockburn Elementary School, hosted by resident Patty Sieber

March 30 9 AM–Noon, Bannockburn Nursery School rummage sale, early-bird shopping at 8:30 AM, \$5

April 11 1:30 PM, Miriam Kelty discusses planning for aging, Little Falls Library, for seniors

Glen Echo Park Events

April 5, 12, 19, 26 11:30 AM, Animal story time at the aquarium, for ages 2–5, standard entry fees apply



April 14 3–5 PM, Family Dance in the Ballroom Back Room, \$5

April 27 11 AM–4 PM, Carousel Day, free

The Puppet Co. www.thepuppetco.org; 301-634-5380

Jack and the Beanstalk, through May 5

Tiny Tots select Weds, Sats, and Sundays at 10 AM

Adventure Theater MTC

www.adventuretheater-mtc.org; 301-634-2270

Winnie the Pooh, through May 26

TUESDAY, APRIL 16, AT 8:00 PM
LADIES NIGHT
6106 YALE AVE • JANE STEVENSON HOSTING • 301-229-3578



Peace of Mind Working With Anxious Clients: A Training for Birth Doulas with Sheryl Aaron Fri, Mar 29 2019 9:00 AM - 12:30 PM

Creative Mandala Workshop: The Mandala of Holistic Balance. Including Meditation and Hands-on Creative Drawing with Kate Lanxner, Sun Mar 31, 2019 10:00 AM - 1:00 PM

Qigong + Yoga with Cheri Moran, Qigong, like yoga, incorporates postures, movement, meditation, and breathwork. April 6th 2:00-4:00 PM

Shamanic Self - Awareness with Christel Libiot Join us for an exploration of self, using shamanic tools, finding your guides and exploring journeying as a tool for guidance. Fri, Apr 12 2019 9:30 AM - 5:30 PM

At the Water's Edge, Stepping into Trager® Moving Meditation with Robbin Phelps April 13, 2019 2-6 pm

Circle of Compassion with Lourdes Billingsley
A Moving meditation followed by prayers of compassion for ourselves, our loved ones, and the world. Sun, Apr 14 2019 4:00 PM - 5:15 PM

Alchemical Alignment with Brigit Viksnins
Powerful in its simplicity, Alchemical Alignment brings a potent new paradigm to the world of trauma resolution and embodiment of spirit. Thu, Fri, Sat, Sun Apr 25 - 28 2019 8:30 AM - 6:30 PM

*Consider renting the Journey Space rooms
for your next healing event.*

ONLY 3 SPOTS LEFT!
It's not too late to sign up for
Biodynamic Crainosacral Training!
4/17 9:30 am to 4:30 pm
RSVP: mimi.ikle@gmail.com

Laughter Yoga with Sarah Lawson, An exercise routine, it is sweeping the world and is a complete well-being workout. April 17 & 24 7-8 pm; April 23 10-11 am

Working With Anxious Clients: A Training for Postpartum Doulas with Sheryl Aaron Fri, May 03 2019 9:00 AM - 12:30 PM

Restorative Workshop Series Yoga Nidra with Ashira Lavine Sun, May 05 2019 1:00 - 5:00PM

AVATAR with Neva Ingalls
At any age and stage of life it is within our power to rewrite our destiny, by letting go of the box we have created. Tue, May 07 - Jun 04 2019 9:30 - 11:15 AM

6110 Oberlin Avenue Glen Echo, MD Behind The Irish Inn
TheJourneySpace.com | [Facebook.com/TheJourneySpace](https://www.facebook.com/TheJourneySpace)
[Instagram.com/TheJourneySpace](https://www.instagram.com/TheJourneySpace) | [Twitter.com/JourneySpace](https://twitter.com/JourneySpace)
theJournneyspace@gmail.com | 301-613-6830 | meetup.com/The-Journey-Space-Healing-Arts